


Marjorie Harris Carr
Cross Florida Greenway

CYCLE FLORIDA

Ride year-round by ocean and Gulf, and on deep forest trails, from the nation's oldest city through the state's agricultural heartland to rare coastal dune lakes. Park the car and hop on a zero-emission vehicle – your bike.

191 trails 
totaling more than
1,600 miles
(railstotrails.org), plus
thousands of miles of
opportunities in city,
county, and state parks

60% 
of Florida's
population
lives within 1 mile of
a trail (state DOT)



Environmental sustainability

- no greenhouse gases
- reduces noise pollution and congestion
- reduces need for new parking lots and roadways

Personal and emotional health



- increased cardiovascular fitness
- increased muscle strength and flexibility
- decreased stress levels
- strengthened bones
- decreased body fat levels
- enhances mobility and independence, and is economical for both public and personal budgets

Tip: Use geocodes (GC)  listed with your favorite mapping app to locate trailheads, or click on trail names for more information on trailink.com.

POPULAR FLORIDA CYCLING TRAILS

North

1. Nature Coast State Trail

Length: 32 miles
Surfaces: Asphalt
> GC: @29.4747731,-82.8613656

2. Palatka-to-Lake Butler State Trail

Length: 30.3 miles
Surfaces: Asphalt
> GC: @29.77091,-82.0112195

3. Tallahassee-St. Marks Historic Railroad State Trail

Length: 21 miles
Surfaces: Asphalt
> GC: @30.3807407,-84.2806503

4. Timpoochee Trail

Length: 19 miles
Surfaces: Asphalt
> GC: @30.3695164,-86.2755828

5. Palatka-to-St. Augustine State Trail

Length: 18 miles
Surfaces: Asphalt
> GC: @29.646709,-81.628217



6. Miccosukee Greenway

Length: 15 miles
Surfaces: Crushed Stone, Gravel
> GC: @30.4823174,-84.2027418

7. Pensacola Beach Trail

Length: 9.1 miles
Surfaces: Asphalt
> GC: @30.326045,-87.1817117

Four Freedoms Trail in Madison

Central

8. Fred Marquis Pinellas Trail

Counties: Pinellas
Length: 50.1 miles
Surfaces: Asphalt, Concrete
> GC: @27.8398966,-82.7990563

9. East Central Regional Rail Trail

Counties: Brevard, Volusia
Length: 47.6 miles
Surfaces: Asphalt, Concrete
> GC: @28.7261483,-80.8895663

10. Cross Seminole Trail

Counties: Seminole
Length: 22.8 miles
Surfaces: Asphalt
> GC: @28.786151,-81.3492017



11. Spring to Spring Trail

Counties: Volusia
Length: 22.2 miles
Surfaces: Asphalt
> GC: @29.122191,-81.3560427

12. Withlacoochee State Trail

Counties: Citrus, Hernando, Marion, Pasco
Length: 46 miles
Surfaces: Asphalt, Boardwalk, Concrete
> GC: @28.4519823,-82.1918145



14. General James A. Van Fleet State Trail

Counties: Lake, Polk, Sumter
Length: 29 miles
Surfaces: Asphalt
> GC: @28.1817499,-81.8299035

15. West Orange Trail

Counties: Orange
Length: 22 miles
Surfaces: Asphalt, Concrete, Dirt, Woodchips
> GC: @28.549143,-81.6626911

16. Marjorie Harris Carr Cross Florida Greenway

Counties: Marion
Length: 15.6 miles
Surfaces: Asphalt
> GC: @29.0380312,-82.2042298

South

17. Lake Okeechobee Scenic Trail

Length: 110 miles
Surfaces: Asphalt, Grass, Gravel
> GC: @27.1526478,-80.868148

18. Florida Keys Overseas Heritage Trail

Length: 90 miles
Surfaces: Asphalt, Concrete
> GC: @25.1753552,-80.3703166

19. Sanibel Island Shared-Use Paths

Length: 24 miles
Surfaces: Asphalt
> GC: @26.4519811,-82.0211115

20. Route A1A Trail

Length: 21.8 miles
Surfaces: Asphalt
> GC: @27.8574413,-80.464573

21. South Dade Trail

Length: 20.9 miles
Surfaces: Asphalt
> GC: @25.6840405,-80.3156432

22. Cypress Creek Greenway

Length: 16.5 miles
Surfaces: Asphalt, Concrete
> GC: @26.2300733,-80.2827062



23. Legacy Trail

Length: 10.7 miles
Surfaces: Asphalt
> GC: @27.099848,-82.4400586